

SPORTS CLEARANCE PROCEDURE

PER NY STATE, ALL STUDENTS WISHING TO PARTICIPATE IN A DISTRICT SPORT (GRADES 7 THROUGH 12) MUST HAVE MEDICAL CLEARANCE TO DO SO. MEDICAL CLEARANCE MUST BE COMPLETED ANNUALLY.

PLEASE FOLLOW THE STEPS BELOW FOR SPORT CLEARANCE.

1. ATHLETES MUST HAVE A PHYSICAL TO TRY OUT. PHYSICALS ARE GOOD FOR 1 YEAR. ALL PHYSICAL FORMS (LOCATED IN THE HEALTH OFFICE) MUST BE COMPLETED AND RETURNED TO YOUR SCHOOLS RESPECTIVE HEALTH OFFICES EXCEPT DURING THE SUMMER MONTHS – HS HEALTH OFFICE ONLY
2. ATHLETES MUST HAND IN A MEDICAL UPDATE FORM IF THE ATHLETE'S PHYSICAL WAS COMPLETED MORE THAN 30 DAYS OUTSIDE OF THE START OF THE NEW SEASON (NEW YORK STATE REQUIREMENT).
5. CODE OF CONDUCT WILL BE HANDED OUT BY COACH ON FIRST DAY OF TRYOUT. PARENT AND STUDENT MUST COMPLETE AND RETURN ON DAY TWO.
6. IMPACT TESTING (BASELINE CONCUSSION TEST) WILL BE DONE FOR CONTACT AND COLLISION SPORTS. ATHLETES WILL BE SCHEDULED TO TAKE TEST

School Physicals

School physicals will be given once a month and a schedule will be released for the summer (see link on athletic website)

Private Physician Sport Physicals

IF YOU USE YOUR PRIVATE PHYSICIAN FOR SPORT PHYSICALS YOUR PRIVATE DOCTOR MUST FILL OUT THE SCHOOL PHYSICAL FORM

Private physicals must be turned in to the school health office at least 2 weeks prior to the sport start date to allow time for processing